

Vascular Plants of Navarro Point – 2023
Teresa Sholars

Family/ Rank	Binomial	Common
FERNS		
Athyriaceae		
	<i>Athyrium filix-femina</i> var. <i>cyclosorum</i>	Lady fern
Dennstaedtiaceae		
	<i>Pteridium aquilinum</i> var. <i>pubescens</i>	bracken fern
Dryopteridaceae		
	<i>Polystichum munitum</i>	western sword fern
Equisetaceae		
	<i>Equisetum arvense</i>	common horsetail
	<i>Equisetum telmateia</i> ssp. <i>braunii</i>	giant horsetail
Polypodiaceae		
	<i>Polypodium</i> sp.	Polypody
Pteridaceae		
	<i>Pentagramma triangularis</i>	Goldback fern
GYMNOSPERMS		
Cupressaceae		
	<i>Hesperocyparis macrocarpa</i> (<i>Cupressus macrocarpa</i>) *	Monterey cypress
Pinaceae		
	<i>Picea sitchensis</i> (??)	Sitka spruce
	<i>Pinus radiata</i> *	Monterey pine
	<i>Pseudotsuga menziesii</i>	Douglas fir
EUDICOTS		
Alliaceae		
	<i>Allium dichlamydeum</i>	Coast onion
	<i>Allium triquetrum</i> *	White flowered onion
Anacardiaceae		
	<i>Toxicodendron diversilobum</i>	western poison oak
Apiaceae		
	<i>Angelica hendersonii</i>	Henderon's Angelica
	<i>Daucus pusillus</i>	rattlesnake weed
	<i>Eryngium armatum</i>	spiny eryngium, button celery
	<i>Heracleum maximum</i> (<i>H. lanatum</i>)	cow parsnip
	<i>Oenanthe sarmentosa</i>	water parsley
	<i>Sanicula arctopoides</i>	Foot steps of spring
	<i>Sanicula crassicaulis</i>	Pacific sanicle
Asteraceae		
	<i>Achillea millefolium</i>	Yarrow
	<i>Anaphalis margaritacea</i>	Pearly Everlasting
	<i>Baccharis glutinosa</i> (<i>Baccharis douglasii</i>)	Marsh Baccharis
	<i>Baccharis pilularis</i>	Coyote brush
	<i>Bellis perennis</i> *	English daisy
	<i>Carduus tenuiflorus</i> *	plumeless thistle

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	<i>Cirsium brevistylum</i>	Indian thistle
	<i>Cirsium quercetorum</i>	Brownie thistle
	<i>Cirsium vulgare</i> *	bull thistle
	<i>Corethrogynne filaginifolia</i> (<i>Lessingia f.</i>)	Common sandaster
	<i>Erigeron canadensis</i> (<i>Conyza canadensis</i>)	horseweed
	<i>Eriophyllum lanatum</i> var. <i>arachnoideum</i>	woolly sunflower
	<i>Eriophyllum staechadifolium</i>	seaside woolly sunflower
	<i>Gamochaeta ustulata</i> (<i>Gnaphalium purpureum</i>)	Featherweed
	<i>Grindelia stricta</i> var. <i>platyphylla</i>	gumplant
	<i>Hedypnois rhagadioloides</i> (<i>H. cretica</i>) *	Crete weed
1B.2	<i>Hesperevax sparsiflora</i> var. <i>brevifolia</i>	short-leaved evax
	<i>Hypochaeris radicata</i> *	coast dandelion
1B.2	<i>Lasthenia californica</i> ssp. <i>macrantha</i> (<i>L. m.</i> ssp. <i>m.</i>)	goldfields
	<i>Layia gaillardiooides</i>	Woodland layia
	<i>Leontodon saxatilis</i> (<i>L. taraxacoides</i>) *	Hairy hawkbit
	<i>Leucanthemum vulgare</i> *	ox-eye daisy
	<i>Madia sativa</i>	Coast tarweed
	<i>Microseris bigelovii</i>	Coast microseris
	<i>Pseudognaphalium stramineum</i> (<i>Gnaphalium s.</i>)	Cottonbatting plant
	<i>Senecio glomeratus</i> (<i>Erechtites glomerata</i>) *	Cutleaf burnweed
	<i>Senecio minimus</i> (<i>Erechtites minima</i>) *	Australian fireweed
	<i>Silybum marianum</i> *	milk thistle
	<i>Soliva sessilis</i> *	South American soliva
	<i>Sonchus asper</i> ssp. <i>asper</i> *	prickly sow thistle
	<i>Sonchus oleraceus</i> *	common sow thistle
	<i>Symphyotrichum chilense</i> (<i>Aster chilensis</i>)	Pacific aster
	<i>Taraxacum officinale</i> *	common dandelion
	<i>Wyethia angustifolia</i>	Narrow-leaved mules ears
Boraginaceae		
	<i>Amsinckia menziesii</i> var. <i>intermedia</i> *?	Fiddleneck
	<i>Myosotis discolor</i> *	Changing forget-me-not
	<i>Plagiobothrys reticulatus</i> var. <i>reticulatus</i>	Reticulate popcorn flower
Brassicaceae		
	<i>Barbarea vulgaris</i> *	Yellow Rocket
	<i>Brassica nigra</i> *	Black mustard
	<i>Brassica oleracea</i> *	Cabbage
	<i>Brassica rapa</i> *	Turnip, field mustard
	<i>Capsella bursa-pastoris</i> *	Shepard's purse
	<i>Cardamine californica</i>	Milk maids, tooth wort
	<i>Cardamine oligosperma</i>	bitter cress
	<i>Erysimum concinnum</i> (<i>E. menziesii</i> var. <i>c.</i>)	wallflower
	<i>Raphanus raphanistrum</i> *	jointed charlock
	<i>Raphanus sativus</i> *	wild radish

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	<i>Nasturtium officinale</i> (<i>Rorippa nasturtium-aquaticum</i>)	water cress
Caprifoliaceae		
	<i>Lonicera hispidula</i> (<i>L. h.</i> var. <i>vacillans</i>)	twining/pink honeysuckle
Caryophyllaceae		
	<i>Cerastium viride</i> (syn. <i>Cerastium arvense</i>)	field mouse-ear chickweed
	<i>Cerastium fontanum</i> ssp. <i>vulgare</i> *	Common mous-ear chickweed
	<i>Cerastium glomeratum</i> *	Sticky mouse-ear chickweed
	<i>Polycarpon tetraphyllum</i> var. <i>tetraphyllum</i> *	four-leaved allseed
	<i>Sagina apetala</i>	Dwarf pearlwort
	<i>Sagina maxima</i> ssp. <i>crassicaulis</i>	Thick-stemmed pearlwort
	<i>Silene gallica</i> *	small-flower catchfly, windmill pink
	<i>Stellaria borealis</i> ssp. <i>sitchana</i>	Sitka starwort
4.2	<i>Stellaria littoralis</i>	Beach starwort
	<i>Stellaria media</i> *	common chickweed
	<i>Stellaria pallida</i> *	Lesser chickweed
Convolvulaceae		
	<i>Calystegia purpurata</i> ssp. <i>purpurata</i>	morning-glory
1B.2	<i>Calystegia purpurata</i> ssp. <i>saxicola</i>	coastal bluff morning-glory
	<i>Convolvulus arvensis</i> *	morning glory
Crassulaceae		
	<i>Crassula connata</i>	Pygmy-weed
	<i>Dudleya farinosa</i>	stonecrop, bluff lettuce
	<i>Sedum spathulifolium</i>	`Broadleaf stonecrop
Cucurbitaceae		
	<i>Marah oregana</i> (<i>M. oreganus</i>)	wild cucumber
Ericaceae		
	<i>Gaultheria shallon</i>	salal
Euphorbiaceae		
	<i>Euphorbia spathulata</i>	Warty spurge
Fabaceae		
	<i>Genista monspessulana</i> *	French broom
4.2	<i>Hosackia gracilis</i> (<i>Lotus formosissimus</i>)	harlequin lotus
	<i>Lotus angustissimus</i> *	Slender lotus
	<i>Lotus corniculatus</i> *	bird's-foot trefoil
	<i>Acmispon micranthus</i> (<i>Lotus micranthus</i>)	Small flowered lotus
	<i>Lupinus arboreus</i> *	Yellow bush lupine
	<i>Lupinus littoralis</i>	bluff lupine
	<i>Melilotus indicus</i> *	yellow sweetclover, sour clover
	<i>Trifolium barbigerum</i>	Bearded clover
	<i>Trifolium bifidum</i> var. <i>decipiens</i>	Notch leaf clover
	<i>Trifolium dubium</i> *	Little hop clover
	<i>Trifolium glomeratum</i> *	Shamrock

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	<i>Trifolium macraei</i>	Macrae's clover
	<i>Trifolium microdon</i>	Thimble clover
	<i>Trifolium repens</i> *	White clover
	<i>Trifolium subterraneum</i> *	Subterranean clover
	<i>Trifolium wormskioldii</i>	Cow clover
	<i>Vicia americana</i> ssp. <i>americana</i>	American vetch
	<i>Vicia benghalensis</i> *	Purple vetch
	<i>Vicia gigantea</i>	Giant vetch
	<i>Vicia lathyroides</i> *	Pea vetch
	<i>Vicia lutea</i> *	Yellow vetch
	<i>Vicia sativa</i> ssp. <i>nigra</i> *	Narrow-leaved vetch
Garryaceae		
	<i>Garrya elliptica</i>	coast silk tassel
Geraniaceae		
	<i>Erodium cicutarium</i> *	Redstem filaree
	<i>Geranium carolinianum</i>	cranesbill, Carolina geranium
	<i>Geranium dissectum</i> *	Wild geranium
	<i>Geranium core-cor</i> (missID <i>G. retrorsum</i>) *	Alderney crane's-bill
Hydrophyllaceae		
	<i>Phacelia californica</i>	Rock phacelia
	<i>Phacelia nemoralis</i>	Woods phacelia
Hypericaceae		
	<i>Hypericum anagalloides</i>	Tinker's penny
Lamiaceae		
	<i>Mentha pulegium</i> *	pennyroyal
	<i>Prunella vulgaris</i> var. <i>lanceolata</i>	self-heal
	<i>Stachys ajugoides</i> var. <i>rigida</i>	hedge nettle
Limnanthaceae		
	<i>Limnanthes douglasii</i> ssp. <i>douglasii</i>	meadowfoam
Lythraceae		
	<i>Lythrum hyssopifolia</i> (<i>L. hyssopifolium</i>)	loosestrife
Malvaceae		
1B.2	<i>Sidalcea calycosa</i> ssp. <i>rhizomata</i>	Point Reyes checkerblooms
	<i>Sidalcea malviflora</i> ssp. <i>malviflora</i>	checker mallow
Myrsinaceae		
	<i>Lysimachia arvensis</i> (<i>Anagallis arvensis</i>) *	Scarlet pimpernel
Onagraceae		
	<i>Clarkia davyi</i>	Davy's clarkia
	<i>Epilobium brachycarpum</i>	fireweed
	<i>Epilobium ciliatum</i>	slender willow herb
Orobanchaceae		
	<i>Castilleja affinis</i> ssp. <i>affinis</i>	Coast indianpaint brush
	<i>Castilleja ambigua</i> ssp. <i>ambigua</i>	Johnny-nip

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	<i>Castilleja exserta</i> ssp. <i>latifolia</i>	purple owl's-clover
1B.2	<i>Castilleja mendocinensis</i>	Mendocino coast paintbrush
	<i>Castilleja wightii</i>	Wright's paintbrush
	<i>Triphysaria pusilla</i>	Little owl's clover
Oxalidaceae		
	<i>Oxalis californica</i> (<i>O. albicans</i>)	California wood-sorrel
	<i>Oxalis pes-caprae</i> *	Bermuda buttercup
Papaveraceae		
	<i>Eschscholzia californica</i>	California poppy
Phrymaceae		
	<i>Erythranthe guttata</i> (<i>Mimulus guttatus</i>)	Seep monkeyflower
Plantaginaceae		
	<i>Plantago coronopus</i> *	cut leaf plantain
	<i>Plantago elongata</i>	Coastal plantain
	<i>Plantago erecta</i>	annual plantain
	<i>Plantago lanceolata</i> *	English plantain
	<i>Plantago major</i> *	common plantain
	<i>Plantago maritima</i>	Coastal/Maritime plantain
	<i>Plantago subnuda</i>	Coastal plantain
	<i>Veronica americana</i>	American brooklime, speedwell
	<i>Veronica scutellata</i>	marsh speedwell
Plumbaginaceae		
	<i>Armeria maritima</i> ssp. <i>californica</i>	Thrift seapink
Polemoniaceae		
	<i>Navarretia squarrosa</i>	skunkweed
Polygalaceae		
	<i>Polygala californica</i>	California milkwort
Polygonaceae		
	<i>Eriogonum latifolium</i>	dune buckwheat
	<i>Rumex acetosella</i> *	sheep sorrel
	<i>Rumex conglomeratus</i> *	Green dock
	<i>Rumex crispus</i> *	curly dock
	<i>Rumex crassus</i> (<i>Rumex salicifolius</i> var. <i>c.</i>)	dune dock
Portulacaceae		
	<i>Calandrina menziesii</i> (<i>C. ciliata</i> -TJM removed)	red maids
	<i>Claytonia perfoliata</i>	miner's lettuce
Primulaceae		
	<i>Primula hendersonii</i> (<i>Dodecatheon h.</i>)	Mosquito bill(s), sailors caps
Ranunculaceae		
	<i>Ranunculus californicus</i>	California buttercup
	<i>Ranunculus repens</i> *	creeping buttercup
Rhamnaceae		

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	<i>Ceanothus thyrsiflorus</i>	blue blossom
	<i>Frangula californica (Rhamnus c.)</i>	California coffeeberry
Rosaceae		
	<i>Aphanes occidentalis</i>	Ladies mantle
	<i>Fragaria chiloensis</i>	beach strawberry
	<i>Fragaria vesca</i>	Wood strawberry
	<i>Horkelia californica</i> var. <i>californica</i>	California horkelia
	<i>Potentilla anserina</i> ssp. <i>pacifica</i>	beach cinquefoil
	<i>Prunus</i> sp.*	Plums, Cherries Apricots Peaches...
	<i>Rosa nutkana</i> ssp. <i>nutkana</i> (<i>Rosa n.</i> var. <i>n.</i>)	Nootka rose
	<i>Rubus armeniacus</i> *	Himalayan blackberry
	<i>Rubus ursinus</i>	California blackberry
Rubiaceae		
	<i>Galium aparine</i>	Goose grass, galium
	<i>Galium parisiense</i> *	Wall bedstraw
	<i>Galium trifidum</i>	Three petaled bedstraw
	<i>Sherardia arvensis</i> *	field madder
Saxifragaceae		
	<i>Heuchera pilosissima</i>	Alum root
Scrophulariaceae		
	<i>Scrophularia californica</i>	California figwort, Bee plant
Valerianaceae		
	<i>Plectritis congesta</i> ssp. <i>brachystemon</i> (<i>Plectritis b.</i>)	Shortspur seablush
Violaceae		
	<i>Viola adunca</i> ssp. <i>adunca</i>	western dog violet
MONOCOTS		
Cyperaceae		
	<i>Carex gynodynama</i>	WonderWoman Sedge
	<i>Carex harfordii</i>	Harford's sedge, Monterey sedge
	<i>Carex obnupta</i>	Slough sedge
	<i>Carex subbracteata</i>	Small bracted sedge
	<i>Carex tumulicola</i>	Foothill sedge
	<i>Isolepis cernua</i> (<i>Scirpus cernuus</i>)	Low bulrush
	<i>Scirpus microcarpus</i>	Mountain bog bulrush
Iridaceae		
	<i>Iris douglasiana</i>	Douglas iris
	<i>Romulea rosea</i> var. <i>australis</i> *	Rosy sand crocus
	<i>Sisyrinchium bellum</i>	blue-eyed-grass
	<i>Sisyrinchium californicum</i>	Golden-eyed grass
Juncaceae		
	<i>Juncus breweri</i>	Brewer's rush
	<i>Juncus bufonius</i> var. <i>bufonius</i>	toad rush
	<i>Juncus effusus</i>	green rush

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	<i>Juncus occidentalis</i>	Western rush
	<i>Juncus patens</i>	blue-green rush
	<i>Luzula comosa</i>	Hairy woodrush
Lemnaceae		
	<i>Lemna</i> sp.	duckweed
Liliaceae		
1B.1	<i>Lilium maritimum</i>	coast lily
	<i>Fritillaria affinis</i> (F. a. var. a.)	Checker lily
Linaceae		
	<i>Linum bienne</i> *	Flax
	<i>Linum usatissimum</i> *	Common flax
Orchidaceae		
	<i>Spiranthes romanzoffiana</i>	hooded ladies tresses
Poaceae		
1B.2	<i>Agrostis blasdalei</i>	Blasdale's bent grass
	<i>Agrostis hallii</i>	Hall's bent grass
	<i>Aira caryophyllea</i> *	Silver hair Grass
	<i>Aira praecox</i> *	Early Hair Grass, European Hair, Grass
	<i>Anthoxanthum odoratum</i> *	Sweet vernal grass
	<i>Avena barbata</i> *	Slender wild oat
	<i>Briza maxima</i> *	Rattlesnake grass, large quaking grass
	<i>Briza minor</i> *	Annual qucking grass, small quaking grass
	<i>Bromus diandrus</i> *	Ripgut Grass
	<i>Bromus hordeaceus</i> *	Soft Chess
	<i>Bromus sitchensis</i> var. <i>maritimus</i> (<i>Bromus carinatus</i> var. <i>m.</i>)	California Brome
	<i>Calamagrostis bolanderi</i>	Bolander's Reed Grass
	<i>Calamagrostis nutkaensis</i>	Pacific reed grass
	<i>Cynosurus echinatus</i> *	hedgehog dogtail
	<i>Dactylis glomerata</i> *	Orchard grass
	<i>Danthonia californica</i>	California oat grass
	<i>Deschampsia cespitosa</i> ssp. <i>holciformis</i>	tufted hairgrass
	<i>Elymus glaucus</i> ssp. <i>virescens</i>	blue wildrye
	<i>Festuca arundinacea</i> *	tall fescue
	<i>Festuca bromoides</i> *	Brome fescue
	<i>Festuca californica</i>	California fecue
	<i>Festuca idahoensis</i>	Blue bunch grass, Idaho fescue
	<i>Festuca microstachys</i> (<i>Vulpia m.</i> var. <i>pauciflora</i>)	Small fescue
	<i>Festuca myuros</i> (<i>Vulpia m.</i> var. <i>m.</i>) *	Rattail sixweeks grass
	<i>Festuca perennis</i> (<i>Lolium multiflorum</i>) *	Italian ryegrass
	<i>Festuca rubra</i>	red fescue
	<i>Holcus lanatus</i> *	common velvet grass
	<i>Hordeum brachyantherum</i>	California barley

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	<i>Hordeum sp.</i>	Barley
	<i>Phleum pratense</i> *	Cultivated Timothy
	<i>Poa annua</i> *	Annual bluegrass
	<i>Poa confinis</i>	beach bluegrass
	<i>Poa douglasii</i>	dune bluegrass
	<i>Poa pratensis</i> ssp. <i>pratensis</i> (<i>Poa p.</i>) *	Kentucky bluegrass
	<i>Poa unilateralis</i> ssp. <i>unilateralis</i> (<i>Poa u.</i>)	San Francisco/ocean-bluff bluegrass
	<i>Polypogon monspeliensis</i> *	Annual Beard/Rabbitfoot grass
	<i>Polypogon viridis</i> (<i>Agrostis viridis</i>) *	Water beard grass
	<i>Rytidosperma penicillatum</i> (<i>Danthonia pilosa</i>) *	hairy oat grass
Polemoniaceae		
	<i>Navarretia squarrosa</i>	skunkweed
Potamogetonaceae		
	<i>Potamogeton nodosus</i>	long-leaved pondweed
Themidaceae		
	<i>Brodiaea terrestris</i>	Dwarf Brodiaea
	<i>Triteleia laxa</i>	Ithuriel's spear

248 species

Teresa Sholars 2007 revised

Updated 05/04/2020 Jim Gibson

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Updated with Alison Gardner's additions 07/05/2023 -Jim
Gibson

* = Not native to this ecosystem

Bold = Sensitive species